



Brook Farm Stables Stage 1

Equivalent to BHS Stage 1

This course is six weeks long and will cover the syllabus for the BHS Stage 1
It would be beneficial to buy a copy of the manual of horsemanship.

Week 1

Stable management

Put on head collar, tie quick release knot, consider safety when and where to tie up, tack up and fit tack correctly. Leading a horse correctly. Recognise different nosebands. Recognise worn tack in ill repair. Martingales, numnah.

Riding

Mounting and dismounting correctly, shortening and lengthen stirrups whilst mounted, know correct position and its importance.

Week 2

Stable management

Grooming know how to groom correct technique, recognise equipment and brushes in kit. Know reasons for grooming and put on tail bandage. Rugs fitting and different types. Fit roller, surcingales and cross over straps. Take off clothing safely.

Riding

Correct turns and circles; understand correct diagonal and lead leg in canter and correct aids for walk trot canter.

Week 3

Stable management

Know how to muck out straw bed, shavings, and kemp bed. And bed down and set fair Know how to dispose of and maintain muckheap correctly, skip out and keep yard clean and tidy know how to fill and tie up hay net correctly. Know how to lift correctly to avoid injury. Basic grassland management Daily inspection, how to catch and turn out horse correctly. Understand the term horse sick field.

Riding

Understand Highway Code with regard to horses, lead horse on both sides as on road would lead from right. Road signals whilst riding. Know what natural aids are and artificial aids.

Week 4

Stable management

Foot and shoeing understand how often recognize foot in need of reshoeing. Wash feet, oil hooves. Understand general horse behaviour and reactions. Know how to stand a horse up for inspection how to hold for treatment, vet, clip, shoe etc. Identify points of the horse and colours and markings.

Riding

Understand rein contact, change whip correctly long and short. Ride in walk; trot and canter maintain correct position and balance.



Week 5

Recognise signs of good health or poor health in horse. Know when to report any changes. Morning inspection, night inspection Know what a horse lifestyle would be in the wild, instincts actions and reactions.

Riding

Talk about rhythm, temp and balance whilst riding. Continue to work on walk trot canter, improving position and balance. Work with and without stirrups

Week 6

Stablemangement

Watering and Feeding

Recognize different feedstuffs, Recognize good hay and bad hay; know dangers of feeding bad quality fodder. Know rules of feeding. Understand how much feed a horse/pony requires depending on work, time or year, fitness, whether living in or out.

Riding

Demonstrate jump seat and work over trot poles in jump seat.